# **Arthritis Alliance of Canada NEWSLETTER**

# September 2017

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# ARTHRITIS ALLIANCE OF CANADA AAC-CFPC Osteoarthritis (OA) Tool for Family Practice: Why It Matters

On September 18th, the Arthritis Alliance of Canada (AAC) and The College of Family Physicians of Canada (CFPC) re-launched the Osteoarthritis Tool, developed as a result of the 2-way partnership project, to assist family physicians in their daily clinical practice when dealing with patients who present with symptoms of osteoarthritis. The Osteoarthritis Tool has been developed to provide health care providers with key professional knowledge and skills necessary to effectively identify, assess, monitor and care for people with OA.





It has also been created to help OA patients take an active role in their self-care – by providing access to the right information and resources, at the <u>right</u> time, with the <u>right</u> providers. We encourage you to share this OA Tool, by <u>all</u> or <u>either</u> of the listed ways:

- Post to your website:
  - An OA Tool document
  - Joint AAC-CFPC News Release
  - OA Tool banner
- Post to Facebook
- Post to Twitter using the hashtag #OATool
- Promote this initiative among your professional networks, such as LinkedIn, using the hashtag #OATool
- Send an OA Tool postcard by mail or email or use it as a leave-behind
- Share your feedback and impressions on using the Tool and how it is helping in your practice in the <u>AAC</u> newsletter; as well
- Send your comments to Lina Gazizova <u>lgazizova@arthritisalliance.ca</u>; they will be collated and some feedback
  may be incorporated in revised version of the Tool post-launch.

A launch guide in English and French was provided for ease of sharing the Tool. Please contact Lina Gazizova lgazizova@arthritisalliance.ca if you would like more information about this project.

# 2017 Annual Meeting in Vancouver: Annual Meeting Program: "CHANGE IS GOOD: IMPLEMENTING ARTHRITIS MODELS OF CARE"

For program details and registration, please visit: <a href="http://arthritisalliance.ca/conference2017/">http://arthritisalliance.ca/conference2017/</a>

#### Wednesday, October 25

 The Arthritis Society Trainee Workshop-closed session (half-day)

#### Thursday, October 26

 The Arthritis Society Trainee Workshop-closed session (half-day)

#### **Arthritis Alliance of Canada Workshops**

#### Thursday, October 26

- AAC Annual General Meeting/Business Meeting
- Public Health Agency of Canada: National surveillance of arthritis in Canada: Chronic Disease Surveillance System Results
- Arthritis Consumer-Patient Organizations and Groups
   Coalition Workshop: Patient Experiences and
   Perspectives of Inflammatory Arthritis Models of Care:
   Gaps, Solutions and Pushing for Implementation
- AAC Research Workshop/Session: Building an Economic Case for Models of Care for Patients with Inflammatory Arthritis
- Reception:
  - o Poster Viewing Session
  - o Remarks/AAC 2017 Research Awards
  - The Qualman-Davies Arthritis Consumer Community Award
  - o The Arthritis Society Trainee Awards

# Friday, October 27

- AAC Joint Models of Care Workshop: *Quality Improvement-Using the Model of Improvement to Implement Inflammatory Arthritis (IA) and Osteoarthritis (OA) Models of Care*
- AAC Inflammatory Arthritis Models of Care Interactive Session for Early Career Rheumatologists: Setting up an Inflammatory Arthritis Model of Care in Practice





#### **Arthritis Alliance of Canada Research Awards Program**

The Arthritis Alliance of Canada (AAC) completed review of all applications submitted to the AAC's seven award. The scores are being finalized and the Award winners will be announced at the AAC Annual Meeting on Thursday, October 26<sup>th</sup>, 2017, at the Networking Reception, at the Marriott Pinnacle Downtown Vancouver Hotel, British Columbia.

Again, we would like to thank our reviewers who put their time and efforts in identifying the research award winners!

Dr. Frank Beier, Western University Ms. Cheryl Koehn (Consumer), Arthritis

Consumer Experts

Dr. Lisa Carlesso, Université de Montréal Ms. Alex Klemm (Consumer), Arthritis

Patient Advisory Board

Dr. André Bussières, McGill University Dr. Diane Lacaille, University of British

Columbia

Dr. Rahul Gawri, University of Toronto Dr. Debbie Feldman, Université de

Montréal

Dr. Deborah Marshall, University of Calgary Ms. Marilyn Walsh (Consumer), Cochrane

Canada



Thank you again to all of you for your great support in making this AAC program a successful endeavour!

# **MEMBER'S CORNER**

#### ALBERTA BONE AND JOINT HEALTH INSTITUTE

# ABJHI Launches Motion-Evoking Logo as Part of Evolution and Strengthening of Brand



Alberta Bone and Joint Health Institute has introduced a motion-evoking logo using a combination mark with icon and text, marking a dramatic transformation of its visual identity.

"Our new visual identity more accurately reflects what we do and who we are today, and represents the dynamic future and exciting prospects ahead," ABJHI Executive Director Martin Ferguson-Pell said. "The ABJHI wordmark has served us well since our beginnings in 2004. But we have grown and evolved since then. The new logo is part of the evolution and strengthening of our brand."

The combination mark evokes motion with the use of sweeping curved lines to create a free-flowing figure accentuated by an arc of discs conveying fluidity of movement. The letter extensions in the serif typeface complement the icon's flowing lines. ABJHI's signature blue colour palette is retained but a gradient is introduced.

#### Dr. Chris Eagle Joins Board of Alberta Bone and Joint Health Institute

Dr. Chris Eagle, a distinguished health care leader in Alberta, has joined the board of directors of Alberta Bone and Joint Health Institute. Dr. Eagle is the President and Chief Executive Officer of Calgary Health Trust and the former President and CEO of Alberta Health Services.

"Dr. Eagle is a highly respected health care leader," Ian Robinson, the chair of ABJHI's board, said. "His lifelong dedication to bettering public health care services and improving patient outcomes is perfectly aligned with ABJHI's work in bone and joint health care."



#### ARTHRITIS CONSUMER EXPERTS

#### **Arthritis Awareness Month at ACE**

In ACE's special edition of JointHealth<sup>TM</sup> insight to mark Arthritis Awareness Month, we survey our readers to identify gaps in arthritis models of care from a patient's perspective and will publish findings this fall. To participate in the surveys, please <u>click here</u>. To help us continue to increase arthritis awareness, we encourage you to





<u>click here</u>. To help us continue to increase arthritis awareness, we encourage you to customize this "<u>letter to the editor</u>" and send to your local newspaper.

Thanks also to our community members who participated in ACE's #ArthritisMadLibs Twitter Project, which gained more than 1.5 million impressions on Twitter. To read the Twitter conversations, please click <a href="https://example.com/here-than-1.5">here-than 1.5</a> million impressions on Twitter. To read the Twitter conversations, please click <a href="https://example.com/here-than-1.5">here-than 1.5</a> million impressions on Twitter. To read the Twitter conversations, please click <a href="https://example.com/here-than-1.5">here-than 1.5</a> million impressions on Twitter.

#### ARTHRITIS HEALTH PROFESSIONS ASSOCIATION

#### AHPA Membership 2018

The AHPA 2018 membership drive and renewal begins on November 1, 2017. If you are a health professional working in the field of Rheumatology, please consider becoming a member. Check it out at <a href="https://www.ahpa.ca">www.ahpa.ca</a>.

Research endeavors of the Canadian Rheumatology Association & AHPA members will be showcased at the 2018 Annual Scientific Meeting in Vancouver, British Columbia from February 21 - 24. The deadline for abstract submissions is October 16, 2017. The AHPA Clinical Innovation Award was created to recognize AHPA members who have designed and implemented an innovative clinical project or related initiative that benefits the lives of Canadians living with Arthritis. Application deadline is November 17, 2017.

#### ARTHRITIS RESEARCH CANADA

## Mark Your Calendars! Join us October 21 for a Public Forum on Managing Your Arthritis



The latest arthritis research is coming to you. Presented by the Arthritis Patient Advisory Board of Arthritis Research Canada, Reaching Out with Arthritis Research (ROAR) is a public forum featuring a group of researchers at the forefront of collaborative and patient-centred healthcare. Learn more about the latest research and stick around to have your questions answered. ROAR will be held at the Vancouver Public Library from 9:30 am – 12:30 pm PST, with a free real-time webcast. Register now at http://www.arthritisresearch.ca/roar or call 1-855-207-0400.

#### Arthritis Awareness Month May be Over, But Arthritis Research Continues

On Arthritis Awareness Month, Arthritis Research Canada (ARC) created an ongoing conversation on the importance of arthritis research through several initiatives. Some highlights included:

- A social media campaign featuring #30daysofARC that allowed followers to gain insight into arthritis research and view patient stories and daily facts.
- A <u>30-second spot</u> that emphasises the importance of supporting arthritis research.
- Publication of new video resources, such as <u>Dr. Jacek Kopec's</u> explanation on how we can slow down the increase of Osteoarthritis in Canada.

While Arthritis Awareness Month may be over, continue to join the conversation by following ARC on <u>Twitter</u>, <u>Facebook</u> and visiting our <u>website</u>.

## THE ARTHRITIS SOCIETY: NATIONAL OFFICE

#### Public Policy Forum Report: "Condition Chronic: How Focusing On Workplace Wellness Helps Us All"

Arthritis is the leading cause of disability in Canada: people living with arthritis face challenges trying to remain effective at work in the face of pain, fatigue and periods of restricted mobility. For Arthritis Awareness Month 2017, The Arthritis Society partnered with the MS Society to commission a Public Policy Forum report on the subject of chronic conditions and work.



The report, titled **Condition Chronic**, is based on a series of expert interviews combined with a review of published research, and it spells out in clear terms the impact of chronic conditions on the lives of Canada's workforce, and as a result on our economy as a whole. Read <u>Janet Yale's Op-Ed</u> piece about it, and read the <u>full report</u>.



#### Joint Matters at Work

The Arthritis Society is Canada's leading voice in support of people working with arthritis – from advocating with national and provincial governments, to hosting employer roundtables, to delivering employee education sessions in communities across the country. Our online self-management education program, <u>Joint Matters at Work</u>, has helped thousands of workers better communicate their needs and manage their conditions more effectively.



#### **BRITISH COLUMBIA AND YUKON**

#### Pediatric Pain - Pain BC's September Symposium

We were pleased to be a part of Pain BC's Second BC Provincial Pediatric Pain Management Symposium September 22 - 24, 2017. The symposium provided holistic and multidisciplinary perspective on the management of children's complex/chronic pain, and on the prevention and management of chronic post-surgical pain.

It was designed for all health care providers to enhance expertise in the field of pediatric pain assessment and management. Health sciences students and residents were particularly encouraged to attend to build their skills early in their careers in chronic pain assessment and management in children and teens. To find out more, visit: <a href="https://www.painbc.ca/pedspainbc2017">https://www.painbc.ca/pedspainbc2017</a>.

#### ALBERTA AND NWT DIVISION

### **Anthony Russell Scholarship Fund**



The Anthony Russell Scholarship Fund was established this year in celebration of 50 years of Rheumatology in Edmonton and Northern Alberta. Now, The Arthritis Society will award the first scholarships in support of programs under the direction of Dr. Steven Katz at the University of Alberta.

Awards will go to the On-TRAAC clinic, providing multidisciplinary advanced care to patients with inflammatory arthritis, and the YAG clinic, providing multidisciplinary care for young adults with steroid exposure and osteoporosis risks. "This is the start of transformative change in arthritis and rheumatic disease care," said Dr. Katz.

These scholarships were made possible through the fundraising efforts of Beth Shalom Congregation and The Arthritis Society's Joint Affair Gala last March in Edmonton.

### CANADIAN ARTHRITIS PATIENT ALLIANCE

#### **CAPA News**

The CAPA <u>Fall Newsletter</u> was released to coincide with Arthritis Awareness Month and includes a report of what we've been up to over the last few months. Key highlights of the newsletter include:

- An article written by arthritis advocate, writer and blogger, Lene Anderson concerning <u>The Invisibility of Pain</u> and the new Ontario Opioid strategy;
- An <u>homage to Louise Bergeron</u>, a long-standing patient advocate and former CAPA President and Board, as she died suddenly in August of this year;
- Various opportunities on how to get involved including World Arthritis Day scheduled for October 12th.

Stay informed about these and other CAPA initiatives by becoming a member on the CAPA website!

## CANADIAN RHEUMATOLOGY ASSOCIAITON

# CRA & AHPA 2018 Annual Scientific Meeting: Call for Abstracts

Attendees at the 2018 CRA Annual Scientific Meeting (ASM) and the Arthritis Health Professions Association (AHPA) Annual Meeting are invited to submit abstracts for podium or poster presentation during the meeting. We encourage you to submit abstracts relating to original research, systematic reviews or meta-analyses or case studies.

For more information about Abstract Awards, <u>click here</u>.

Abstract submission deadline is **October 16, 2017**Click here to view abstract submission guidelines and submit abstract



# **Community Updates**

#### CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA NETWORK



The CANRAD Network team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. We held a successful CANRAD Network Meeting during 2017 CRA Annual Scientific Meeting & AHPA Annual Meeting in Ottawa, ON and we will be organizing another CANRAD Network Webinar this fall! For more information pertaining to our webinars or all other information

concerning the CANRAD Network, please contact Autumn Neville at <u>autumn.neville@rimuhc.ca</u> or visit our website <a href="http://www.canradnetwork.ca/">http://www.canradnetwork.ca/</a>.

The CAnadian Network for Advanced Interdisciplinary Methods for comparative effectiveness research (CAN-AIM) objective is to respond to key knowledge gaps regarding drug safety and effectiveness by answering queries which arise from Health Canada and other regulatory parties. Our team has collaborated with DSECT's webinar series; we encourage you to participate in the very informative sessions. We held a successful CAN-AIM DSEN meeting in February with team members to review on-going projects and discuss new, emerging queries that may be of interest.



Discussions led to exciting new ways in which our team can expand. For information on our queries, on our upcoming webinars or for more information on our team, please contact Autumn Neville at <a href="mailto:autumn.neville@rimuhc.ca">autumn.neville@rimuhc.ca</a> or visit our website <a href="http://canaim.ca/">http://canaim.ca/</a>.

### **CASSIE +FRIENDS**

#### **Annual Family Day Conference**



On Saturday, September 16th, Cassie and Friends Society held their 9th annual Family Day conference for Juvenile Arthritis and other rheumatic diseases in Burnaby, BC. The event, presented by BMO, drew over 350 child, family and medical attendees for a day full of education, connection and fun. Parent sessions included a talk on uveitis, sport and recreation, anxiety and depression, clinical genetics and a special group session for parents of children with autoinflammatory conditions.

Kids and teens were treated to an adventure-filled day with new friends as well as the chance to talk about goal setting, pain management and participate in a teen-only youth panel with eight incredible

young adults who returned to share their experiences. <u>Check out this short recap video to hear kids and teens share what this event means to them.</u> In a few weeks, many of the educational sessions will be available on our website at <u>cassieandfriends.ca</u>.

#### **OSTEOPOROSIS CANADA**

### **Bonefit Workshops for Health Professionals**

Do you work with clients with osteoporosis? Bone Fit<sup>TM</sup> is an evidence-informed exercise training workshop designed for healthcare professionals & exercise practitioners who work with clients with osteoporosis. Osteoporosis Canada will be hosting the next Bone Fit<sup>TM</sup> Workshops at the following locations:

- · October 14-15 Functional Fitness, Orillia, ON
- November 18-19 Providence Healthcare, Toronto, ON
- **December 2-3** Burlington Seniors Centre, Burlington, ON

#### What will you learn about at the workshop?

- Learn about the most appropriate, safe and effective methods to prescribe and progress exercise for people with osteoporosis.
- Learn about simple transitional movements, activities of daily living and recreational pursuits adaptable for people with osteoporosis.



## What are the benefits of becoming Bone Fit<sup>TM</sup> -trained?

- After you have passed your final test, you will appear on the Bone Fit<sup>TM</sup> -trained Professional Locator Map.
- You will be recognized as Bone Fit<sup>TM</sup> -Trained.
- Continuing Education Credits are available with CSEP, Canfitpro, OFC, CPTN, CFES, CATA and YMCA upon completion of Bone Fit<sup>TM</sup> training.

Please register at <a href="www.bonefit.ca">www.bonefit.ca</a>. If you have any questions, please contact Kevin Ng, Education Coordinator at 416-696-2663 x2290 or email at <a href="mailto:kng@osteoporosis.ca">kng@osteoporosis.ca</a>.



# **Calendar of Events**

| BRIESE: British Columbia Rheumatology Invitational Education Series     | September 29-30, 2017        | Vancouver, British<br>Columbia |
|---|------------------------------|--------------------------------|
| 19th Asia Pacific League of Association for Rheumatology Congress       | October 16-20, 2017          | Dubai, UAE                     |
| AMRQ Annual Conference 2017   | October 19-21, 2017          | Estérel Resort, Québec         |
| Arthritis Research Canada – Reaching Out with Arthritis Research (ROAR) | October 21, 2017             | Vancouver, British<br>Columbia |
| Arthritis Alliance of Canada 2017 Annual Meeting                        | October 26-27, 2017          | Vancouver, British<br>Columbia |
| ACR/ARHP Annual Meeting 2017  | November 3 - 8, 2017         | San Diego, California          |
| Canadian Rheumatology Association's Canada Night in San Diego           | November 6, 2017             | San Diego, California          |
| Family Medicine Forum   | November 8-11, 2017          | Montreal, Quebec               |
| Clinical Day in Rheumatology "The Pearls You Need To Know"              | November 17, 2017            | Hamilton, Ontario              |
| LACA 2017, 6th Latin American Congress on Autoimmunity                  | November 26-29, 2017         | Cancun, Mexico                 |
| 10th International Symposium on Nutritional Aspects of Osteoporosis     | November 28-December 1, 2017 | Kowloon, Hong Kong             |
| 38th SICOT Orthopaedic World Congress                                   | November 30-December 2, 2017 | Cape Town, South<br>Africa     |
| 2017 CRA National Rheumatology Residents Weekend                        | December 1-3, 2017           | Toronto, Ontario               |
| 2018 CRA Annual Scientific Meeting & AHPA Annual Meeting                | February 21-24, 2018         | Vancouver, British<br>Columbia |
|   |                              |                                |

#### ABOUT THE ARTHRITIS ALLIANCE OF CANADA

With more than 30 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact: Lina Gazizova at lgazizova@arthritisalliance.ca or visit our website: www.arthritisalliance.ca

